

Claremont Canyon Regional Preserve

EASY HIKE

Location	Oakland
GPS	37.86282, -122.22428
Phone	1-888-327-2757, option 3, extension 4516
Miles	1.8 miles
Elevation Gain	499 feet
Trails	Gwin Canyon Trail
Hours/ Curfew	5 a.m. to 10 p.m.
Fees	None
Website	ebparks.org/parks/claremont-canyon



Park Features: These parklands lie in the Claremont Creek Watershed and form part of an important wildlife corridor along the urban fringe. Native vegetation abounds, with bay trees, elderberry and blackberry growing along the trail. Bushtits, quail and other common birds can be seen and heard foraging in the trees and undergrowth.

Trail Highlights: Gwin Canyon Trail is an out-and-back hike on a single-track trail in the south end of the preserve. The trailhead is in a neighborhood at the end of a street. Please note, there are only three parking spaces here and no restrooms or other facilities. Most of the trail is shaded. A portion of it runs right above Claremont Avenue and Claremont Creek. There are a few hills on the route, and it may be muddy and slippery in the winter. Be sure to watch out for poison oak along the path.

Trail Directions: Walk away from the parking area. Several yards ahead you will see a trail. Though it is not marked, this is the Gwin Canyon Trail. Stay to the left where it forks. If you go to the right, the trail will dead end at a locked gate. At .7 miles you'll pass a "Regional Park Boundary Line/Exiting Regional Park" sign. At .9 miles you will encounter a trail junction with Willow Trail and Claremont Avenue. Turn around here and follow the route back the way you came, to the trailhead and parking area. (To make the hike a little longer, you may continue on Willow Trail into the University of California Preserve lands and make a variety of short loops).

Driving Directions: Take Hwy 24 to Fish Ranch Road, immediately east of the Caldecott Tunnel. Take the exit and go up Fish Ranch Road about 1 mile to a 4 way stop. Turn left on Grizzly Peak Boulevard toward Sibley Regional Preserve. At .8 mi turn right on Marlborough Terrace, then a right on Norfolk Road, veering right to its end, where the very limited parking area is.

