

Anthony Chabot Regional Park

Location	Oakland
GPS	37.75390435085129, -122.11818883361535
Phone	1-888-327-2757, option 3, extension 4502
Miles	5.3-Mile Loop
Elevation Gain	896 feet
Trails	Goldenrod/Cascade/Red Tail/ Cottontail/Jackson Grade
Hours/ Curfew	5 a.m. to 10 p.m.
Fees	None at this entrance
Website	ebparks.org/parks/anthony-chabot

CHALLENGING HIKE



Park Features: Anthony Chabot Regional Park is part of a long chain of regional parks that preserve the natural landscape of the East Bay hills. The park provides easy trail access to adjacent Reinhardt Redwood and Lake Chabot regional parks. It offers over 70 miles of hiking, bicycling and equestrian trails as well opportunities for camping and fishing.

Trail Highlights: This route leads through a variety of landscapes ranging from eucalyptus and oak/bay woodlands, to open grasslands, to shady creek canyons. In spring, wildflowers abound in the open hills. There are a few steep climbs as the trail leads to the bottom of the canyon and the top of the ridge beyond. There are no restrooms at the staging area or along the trail. Dogs are allowed and must either be leashed or under voice control.

Trail Directions: At the Clyde Woolridge Staging Area main parking lot, go through the south gate near the bulletin board, make an immediate left, and then a right

onto Goldenrod Trail. After about a half-mile, turn sharply left at the trail junction for the Columbine Trail (sign post here says “To Columbine”). At the bottom, turn left onto Cascade Trail, which runs along Grass Valley Creek. At the next trail intersection you’ll see a stone bridge on your right; continue straight onto Brandon Trail. Make a right onto Redtail Trail in about two-thirds of a mile. Cross the creek and go through the cattle gate. Stay to the right on this trail until you reach the junction with Redtail and Grass Valley Trails. Cross Grass Valley Trail and head uphill on Redtail Trail. After another cattle gate, you will enter a shaded area that parallels the creek and then climb again adjacent to Marciel Road. At the top, turn right to descend on Cottontail Trail. At the bottom, turn right onto Brandon Trail and follow to the Stone Bridge, crossing back over the creek. Go left, uphill, onto Jackson Grade Trail (park sign here notes the Lake Chabot bike loop). At the top of the hill, turn left onto Goldenrod Trail and walk about a hundred yards to a gate that leads into Clyde Woolridge Staging Area where you began.

Driving Directions: From Highway 580 in Oakland take Exit 29, the Golf Links Rd./98th Ave. exit. Head east on Golf Links Rd. towards the hills. Continue onto Grass Valley Road to the staging area on the right.

