

A Guide to Eating Fish from Lexington Reservoir

Women 18 - 45 years and Children 1 - 17 years



Rainbow Trout ♥



Inland Silverside



Threadfin Shad



Sunfish species



Black bass species

2 servings a week OR
7 servings a week of
Rainbow Trout

OR

1 serving a week

Do not eat

Women 46 years and older and Men 18 years and older



Rainbow Trout ♥



Inland Silverside



Threadfin Shad



Sunfish species



Black bass species ♥

7 servings a week

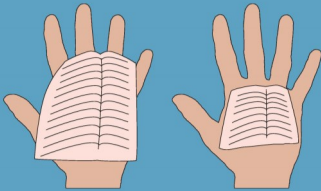
OR

3 servings a week

OR

1 serving a week

8 | BUT BTFSWOH



' PS" EVMT ' PS\$! JZSFO

" TFSWOHJTU F TJF BOE
U JLOFTT PGZPVS! BOE (JWF
D JZSFO TN BWTFSWOHT

♥ 8 | Z FBUGTI

&BUOHTI JTHPPE QSPZPVS
I FBVU ' JTI I BVF ON FHB T
U BUDBOSEVDF ZPVSSJTL QPS
I FBSUEJIFBTF BOE JN OSPVW
I PX U F CSBJO EFVWTFOT JO
VOCPSO CBC.FT BOE D JZSFO

♥ Fish h.HI JOON FHB T

8 | BUTU F DPODFS

4PN F GTI I BVF I JHI NWFVMPG
N FSDVSZ BOE 1\$#T . FSDVSZ DBO
I BSN U F CSBJO FTOFD.BVWJJO
VOCPSO CBC.FT BOE D JZSFO
1\$#T DBO DBVTF DBODFS