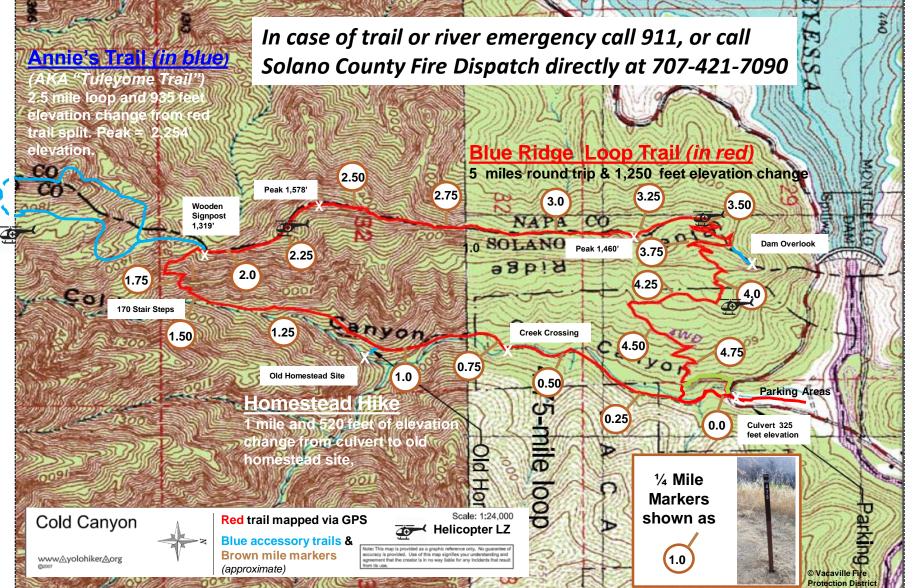
Cold Canyon Hiking Trails

Courtesy Vacaville Fire Protection District, Solano County Sheriff's Office of Emergency Services and the University of California - Davis









Annies's and Blue Ridge/Homestead trail markers

Annie's

Trail

Additional 2.5

miles and 930

feet of climbing

Trail Safety

All Seasons

- Hike with a friend, let someone know when you plan to return.
- Take a cell phone, there's some limited coverage on the ridge.
- Wear sturdy, closed toe shoes & long pants to protect from sprains, cuts, Poison Oak & snakebite.
- Keep hikers, especially children & dogs, on trail to prevent Poison Oak, snakebite & cliff falls.
- DO NOT drink untreated water.
- Take sunscreen & insect repellent.

During Summer

- The Fire Service performs numerous rescues on this trail every year, most often for heat stroke, a condition that can have life-long consequences and is potentially fatal.
- Children and people unaccustomed to exercising in heat are particularly susceptible to heat illness.
- <u>Take a minimum of 2 quarts of water per hiker.</u>
- Start early enough to *complete* the 5-mile, 3-hour loop before the temperature reaches 80 85° F. Often this means starting at the trail head no later then 9 am, earlier on some days.
- Use weather forecast sites like Weather Underground to help decide on a safe time-frame to start and complete the trail.
- For hikers not used to strenuous exercise in significant heat, train by doing trail sections before attempting entire trail.
- The Old Homestead site (just past 1 mile) is a good place to turn around if hikers are winded, fatigued or over-heated.
- It requires exercising 1 2 hours/day in 80 95°F heat for 10 to 14 days to become fully acclimated to exercising in heat.

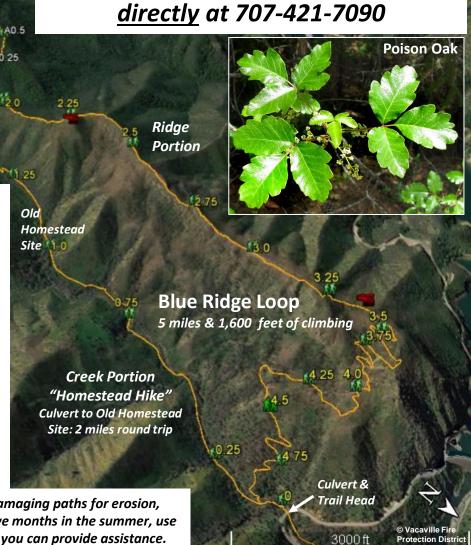
STEBBINS
COLD CANYON RESERVE

Natural Reserve System
UNIVERSITY OF CALIFORNIA, DAVIS





In case of trail emergency call 911, or call Solano County Fire Dispatch directly at 707-421-7090



<u>Trail Etiquette</u>: Don't cut across switchbacks which creates highly damaging paths for erosion, pack out all trash including orange & banana peals which can survive months in the summer, use earbuds if listening to music. If a hiker looks lost or in distress ask if you can provide assistance.