

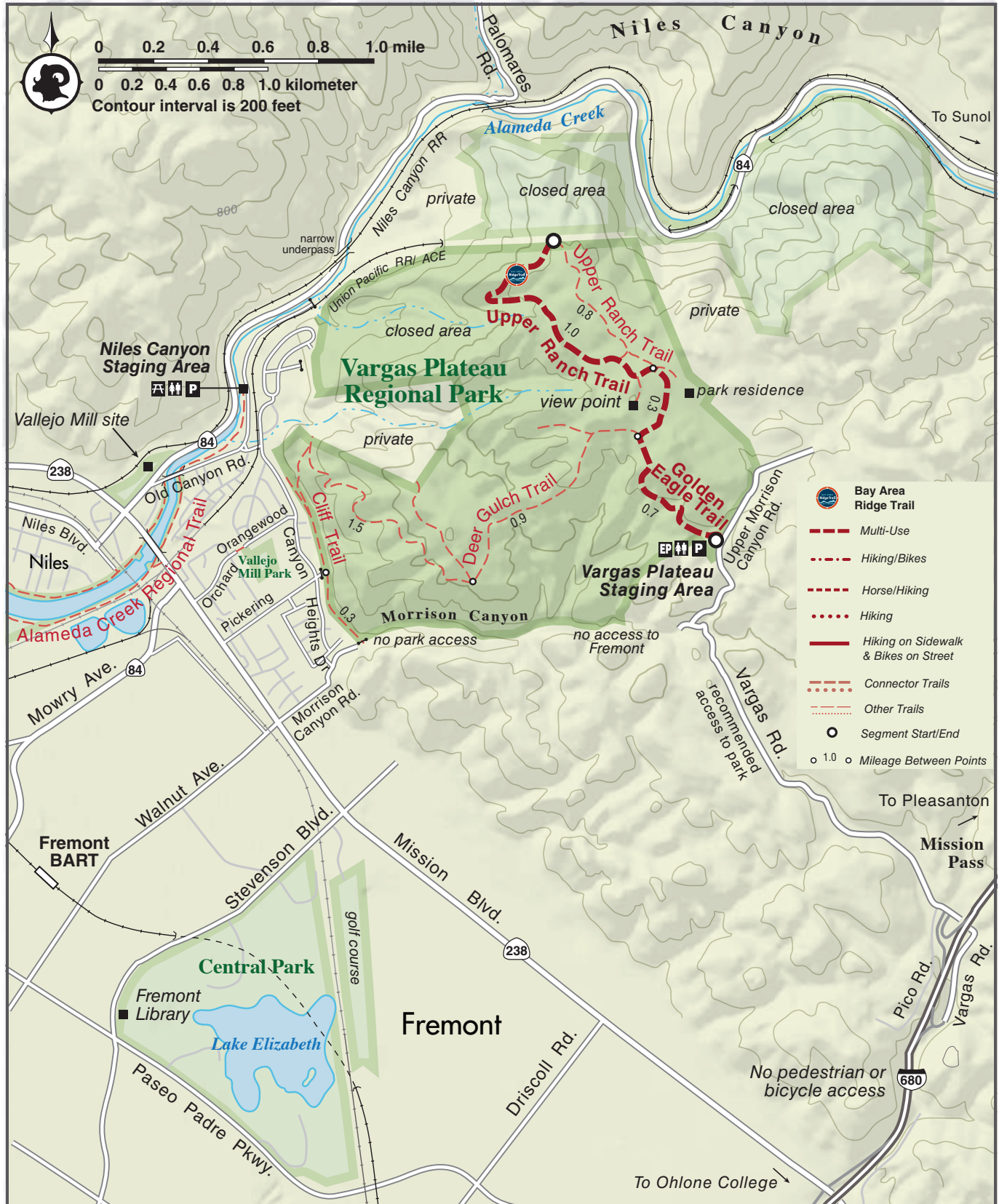


Vargas Plateau Regional Park

Alameda County

From: Vargas Plateau Staging Area

To: Upper Ranch Trail in Fremont



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Vargas Plateau Regional Park

From: Vargas Plateau Staging Area

To: Upper Ranch Trail in Fremont

Length: 2 miles one-way (plus 1.8-mile return to trailhead)

Elevation Gain/Loss: 190 feet/200 feet one-way

Accessibility: Hikers, equestrians, and mountain bikers

Vargas Plateau sits high on grassy hills overlooking the South Bay. The Ridge Trail, with moderate ascents and descents, runs north/south along the upper ridges of the park and offers sweeping views in all directions. The scenic park is a refreshing escape from the urban sprawl below. Visit in the spring, when the green hills are covered in poppies.

This trail description is excerpted from the 2019 Guidebook. For details on all trails, trailheads and more [buy the book](#) from Wilderness Press.

For more resources to plan your trip, visit our [Trail Tools](#) page.

LINK to buy book: <https://advkeen.co/BayAreaRidgeTrail>

LINK to Trail Tools: <https://ridgetrail.org/trail-tools/>

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