



Benicia-Martinez Bridge and Martinez City Streets

East Bay

From: Military East in Benicia

To: Mococo Road in Martinez



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Length: 2.5 miles one-way; car shuttle possible.

Elevation Gain/Loss: 170 feet/210 feet one-way

Accessibility: Hikers and bicyclists

Crossing one of the major Bay Area bridges is a not-to-be missed experience. This segment, a section of the Carquinez Strait Scenic Loop Trail, is especially fun as a bike ride because it is a paved route. Starting in Benicia, you have an opportunity to take a side trip and explore the historic Benicia Arsenal. Cross the Carquinez Strait from Solano County into Contra Costa County and see the maritime activity below. Be prepared for high winds on the bridge.

This trail description is excerpted from the 2019 Guidebook. For details on all trails, trailheads and more [buy the book](#) from Wilderness Press.

For more resources to plan your trip, visit our [Trail Tools](#) page.

LINK to buy book: <https://advkeen.co/BayAreaRidgeTrail>

LINK to Trail Tools: <https://ridgetrail.org/trail-tools/>

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