

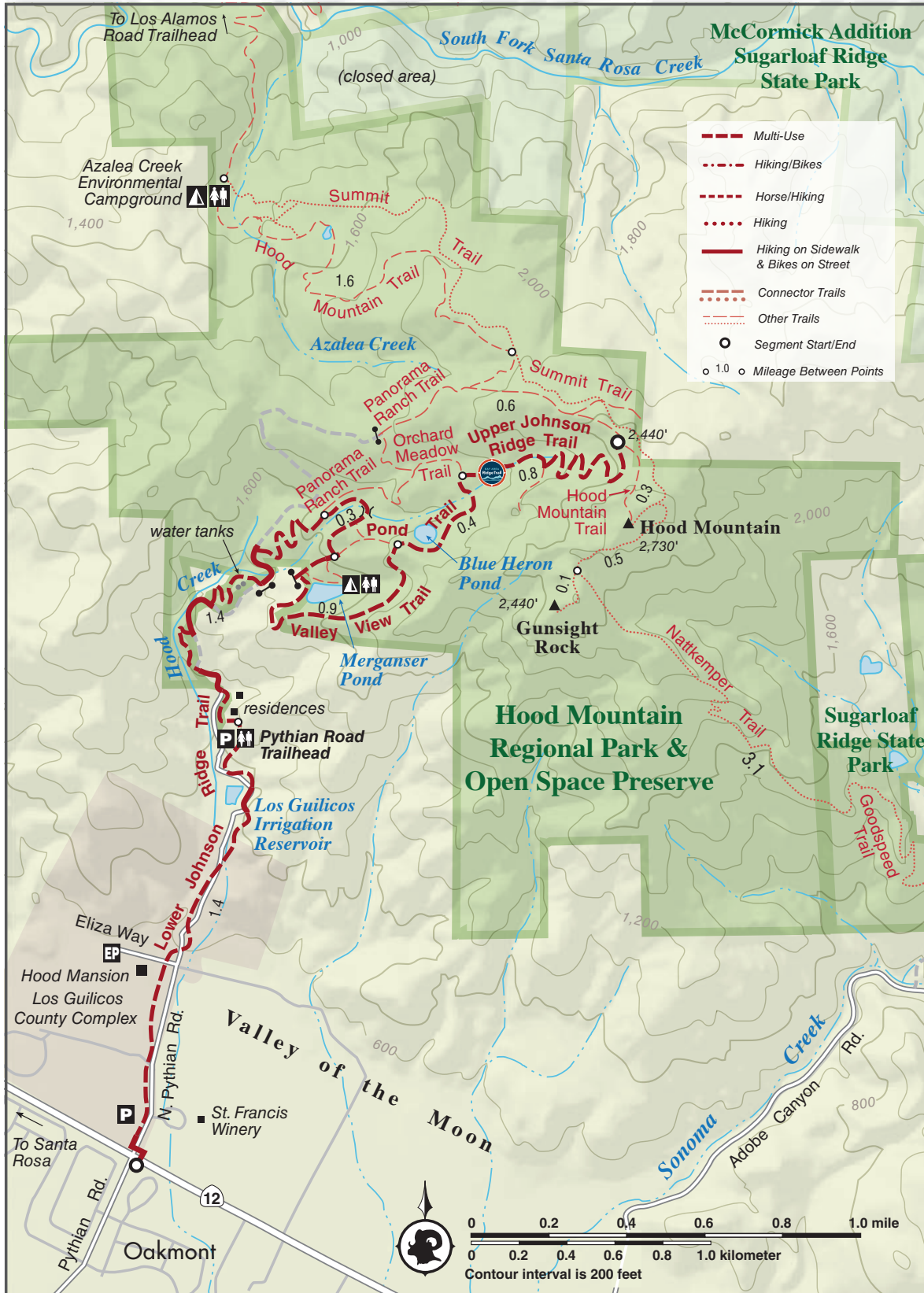


Hood Mountain Regional Park and Open Space Preserve

Sonoma County

From: Highway 12

To: Hood Mountain Summit in Kenwood



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From: Highway 12

To: Hood Mountain Summit in Kenwood

Length: 5.5 miles one-way (plus 5.5-mile return to trailhead; alternate return route possible)

Elevation Gain/Loss: 1,950 feet/200 feet one-way

Accessibility: Hikers, equestrians, and mountain bikers

A vigorous uphill trip begins at CA 12 and follows Hood Creek through forests and meadows, past several ponds, and then climbs to the top of 2,730-foot Hood Mountain for distant views. After the first mile, the 2017 Nuns Fire burned through most of the trail corridor.

This trail description is excerpted from the 2019 Guidebook. For details on all trails, trailheads and more [buy the book](#) from Wilderness Press.

For more resources to plan your trip, visit our [Trail Tools](#) page.

LINK to buy book: <https://advkeen.co/BayAreaRidgeTrail>

LINK to Trail Tools: <https://ridgetrail.org/trail-tools/>

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