



# Helen Putnam Regional Park and City of Petaluma Ring Trail

Sonoma

From: Chileno Valley Road

To: Casa Grande Road in Petaluma



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## Helen Putnam Regional Park and City of Petaluma Ring Trail

**From:** Chileno Valley Road

**To:** Casa Grande Road in Petaluma

### Helen Putnam Regional Park

**From:** Chileno Valley Road

**To:** Oxford Court in Petaluma

**Length:** 1.1 miles one way; car shuttle possible.

**Elevation Gain/Loss:** 170 feet/210 feet one-way

**Accessibility:** Hikers, equestrians, and mountain bikers

### City of Petaluma

**From:** Sunnyslope Avenue

**To:** Casa Grande Road in Petaluma

**Length:** 6.2 miles one-way (plus 0.8 round-trip through Steamer Landing Park); car shuttle possible.

**Elevation Gain/Loss:** 70 feet/50 feet one-way

**Accessibility:** Hikers and bicyclists

In Petaluma, the 7.2-mile Ridge Trail ventures through a rural regional park and many neighborhoods and parks, including downtown; it also follows both the Petaluma River and Lynch Creek for a stretch. Northeast of US 101, you have an opportunity to explore newer neighborhoods of Petaluma. There is a 1-mile gap between Helen Putnam and the city route. The city section is an excellent bike ride; however, in May 2017 the route lacked Ridge Trail signage. This is a temporary route until the planned route along the Petaluma River, Sholleberger Park, and Adobe Creek Trail can be finished.

This trail description is excerpted from the 2019 Guidebook. For details on all trails, trailheads and more [buy the book](#) from Wilderness Press.

For more resources to plan your trip, visit our [Trail Tools](#) page.

LINK to buy book: <https://advkeen.co/BayAreaRidgeTrail>

LINK to Trail Tools: <https://ridgetrail.org/trail-tools/>

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