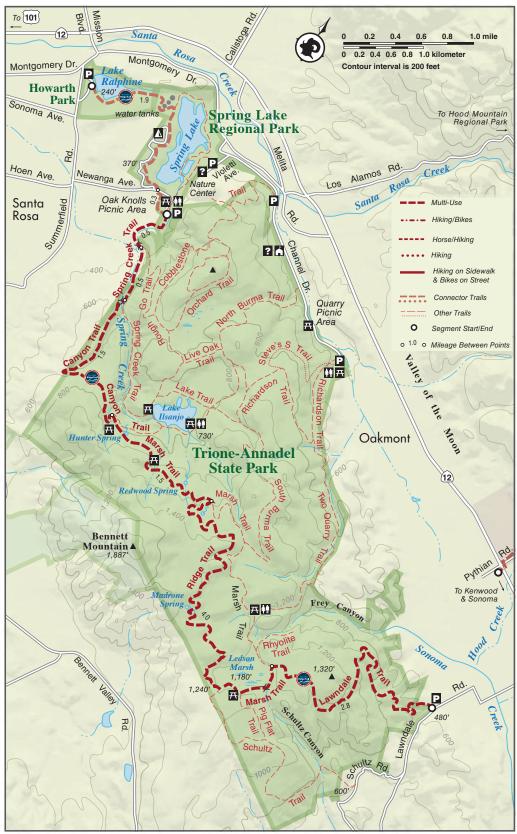


Spring Lake to Trione-Annadel State Park

Sonoma County

From: Spring Lake Regional Park in Santa Rosa

To: Annadel's East Gate at Lawndale Road in Kenwood



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Spring Lake to Trione-Annadel State Park

From: Spring Lake Regional Park in Santa Rosa

To: Annadel's East Gate at Lawndale Road in Kenwood

Length: 10.8 miles one-way; car shuttle possible. **Elevation Gain/Loss:** 1,120 feet/955 feet one-way **Accessibility:** Hikers, equestrians, and mountain bikers

Gradually climb over grassy hillsides and through oak woodlands and conifer forests on the east side of Bennett Mountain. This is an extremely popular mountain-biking route that travels along wide, rocky service roads and singletrack trails. Pass lush Ledson Marsh and descend through a conifer forest in the park's southeast corner. The west- and south-facing slopes can be hot in summer; north-and east-facing slopes are forested. The 2017 Nuns Fire burned through most of the trail corridor except for a few miles of the northernmost section.

This trail description is excerpted from the 2019 Guidebook. For details on all trails, trailheads and more <u>buy the book</u> from Wilderness Press.

For more resources to plan your trip, visit our <u>Trail Tools</u> page.

LINK to buy book: https://advkeen.co/BayAreaRidgeTrail LINK to Trail Tools: https://ridgetrail.org/trail-tools/

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